

KEEP IT IN

Keep the heat in and stay warm this winter



warm homes campaign

www.nea.org.uk



Keep the heat in this winter

Keeping yourself and your home warm helps you to stay well

Living in cold, damp conditions can harm your health. The most at-risk groups are typically older people, children and those with existing long-term illnesses.

Energy companies provide Priority Services which can give support when it comes to your energy account. You may be eligible to register if you or someone in your household is of pensionable age, disabled, has a long-term illness or if there are children under five.

There are ways you can save energy in your home and there are organisations that can help:

NEA (Action for warm homes) www.nea.org.uk

Citizens Advice Birmingham tel: 0344 477 1010

Age UK tel: 0800 055 6112

Warmzones tel: 0800 0337 967



If you know someone who may benefit from this advice please pass this card on.

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